

**Program Descriptions for Oct 1, 2007**

Note: All programs will be 4 hours.

**Active Program Choices**

Group	Max. Capacity	Description
<b>A</b>	50	Team challenge through small group experience at the low ropes Challenge Course and large group fun and bonding games. Mental and physical challenges highlight communication, teamwork and fun.
<b>B</b>	40	Individual and adventure challenge through experiencing the high ropes Challenge Course. Activities involve climbing gear and take place 40-ft off the ground, in the trees.
<b>C</b>	20	Enjoy a tour of camp by riding some of the many trails on horseback. Additionally, a chance to see and discuss regional wildlife will provide a chance to have a close encounter with some rarely seen animals.

**Passive Program Choices**

Group	Max. Capacity	Description
<b>D</b>	60	Fun bonding and creative exploration through group initiative games and a short-course on outdoor sketching. Participants will get to know one another, laugh, and share ideas while enjoying initiative games. An introduction to sketching will provide an opportunity to relax the analytical self and explore the creative media of sketching.
<b>E</b>	30	Individual and group fun and education through fishing and interacting with wildlife. Participants will enjoy a leisurely time, casting a fishing line in the 10-acre lake. Additionally, a stroll through the wood will highlight on ongoing university herpetology study. Interactions with local frogs, turtles and salamanders are likely.
<b>F</b>	30	Small group outdoor exploration and education through hiking and interacting with wildlife. Participants will enjoy a stroll through the wood that highlights on ongoing university herpetology study. Interactions with local frogs, turtles and salamanders are likely. Finally, a chance to see and discuss regional wildlife will provide a chance to have a close encounter with some rarely seen animals.

***Computers in Cardiology: Afternoon at Chestnut Ridge***

<b>G</b>	40	Savor a taste of camp life as participants take part in peaceful lake canoeing, bumpy hayrides, and self-made s'mores over a campfire.
<b>H</b>	40	Enjoy a relaxed and unstructured block of time at your own pace and discretion. At your fingertips will be a beach sand volleyball court, horseshoe pits, Frisbees, basketball and rocking chairs.